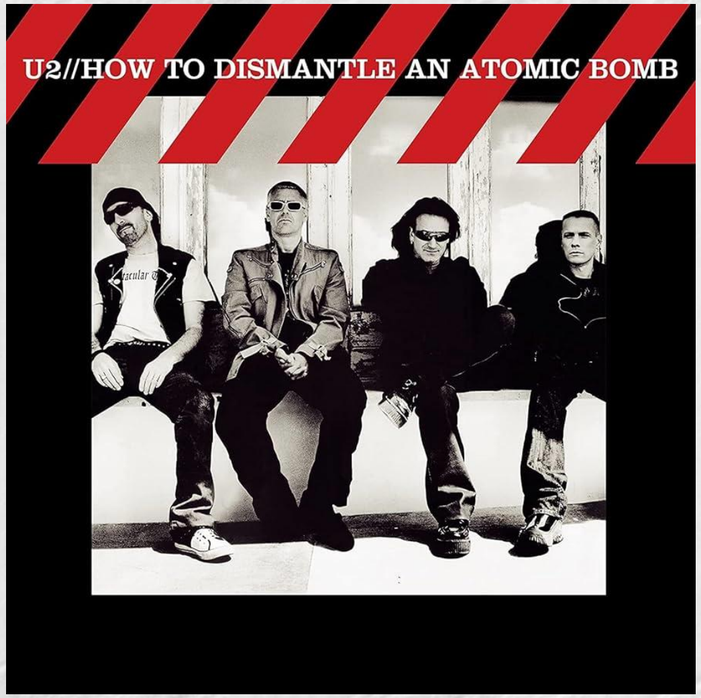
Shifting Limiting Beliefs

YOU CHANGE, THE WORLD CHANGES.

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH



Number 1 album in over 30 countries around the world and winner of 9 Grammy Awards

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

1 John 4:4

"You are of God, my little children, and you have overcome them because he who is in you is greater than he who is in the world."

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

Last week….

- *Fear can be* ***EDUCATIONAL***
- *Fear can be* ***SPIRITUAL***
- *Fear can be* ***OVERCOME***

- Jesus is very clear that being an overcomer is our DNA as His followers.
- A promise of rewards to us: Phrase used in book or Revelation: ***"to him who overcomes"***

  Rev 2:7, 2:11, 2:17, 2:26, 3:5, 3:12, 3:21 all seven churches.

Remi Graves –
(Poem "It is Everywhere"
on Youtube)

"Eat fear.

Drink hope."

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

HOW DO WE OVERCOME FEAR?

WHAT IS THE PROCESS TO DISMANTLE ITS POWER OVER OUR LIVES?

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

WE CAN DISMANTLE FEAR BY MAKING SURE WE EMBRACE GOD'S LOVE (1 John 4:15-19)

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

“God is love. When we take up permanent residence in a life of love, we live in God and God lives in us. This way, love has the run of the house, becomes at home and mature in us, so that we’re free of worry on Judgment Day—our standing in the world is identical with Christ’s. There is no room in love for fear. Well-formed love banishes fear. Since fear is crippling, a fearful life—fear of death, fear of judgment—is one not yet fully formed in love.”

1 John 4:16-19

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

VIDEO CLIP

ONWARD
Trust Bridge

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

Free from fear-how God intended us to be!

Fear starts to cripple- things become harder and unclear

Well formed love banishes fear!

IDENTITY AS GODS BELOVED – 1 JOHN 3:1

- Behaviours never exist in a vacuum. There's ***a reason*** you do what you do.
- You won't change your habits until you change the underlying beliefs
- So if you want to change how you respond you need to change the way you think.
- If you try to change your behaviour without changing your identity, you're pulling up a weed without getting to the root.

WE CAN DISMANTLE FEAR BY MAKING SURE WE HAVE A RIGHTEOUS FEAR (LUKE 12:4-5)

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

- Don't fear change.....
fear staying the same.

- Don't let fear of stumbling stop you, let it drive you towards a God purpose & destiny.

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

Paul put fear into people's lives, religious zealot, religiously faultless but realised can't live according to man made rules.

Gal 1:10 can't please men & God

SO WHAT IS STOPPING *YOU*?

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

MISPLACED FEAR WILL SHRINK OUR LIFE BUT FEAR PLACED IN GOD WILL GROW US.

Why can it grow us?

Linked with God's concern for us (we're worth it)

- Luke 12:6-7
- Matt 6:25-34

New Life CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

Truth for men, John Eldridge material

"A man must have a battle to fight. A great mission to his life that is greater than home & family. He must have a cause to which he is devoted written into the fabric of his being. Listen carefully now: you do. That is why God created you, to be his ally in the battle.

WE CAN DISMANTLE FEAR BY MAKING SURE THE OPINION OF OTHER PEOPLE TAKE A BACKSEAT IN OUR LIVES (JOHN 12:42)

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

- **John 12:42-43** “Loved praise from men”
- **John 3:2** Nicodemus, came to visit in night
- **John 9:22** fear put out of synagogue

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

CAN GOD DO ANYTHING?

WAS JESUS POWERFUL ENOUGH TO DO ANYTHING?

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

Quote from Casey Treat

"Many of the heroes in the bible started just like you and me. Most were lowly, insecure, hurt of frustrated. But they all had something in common: they were searching for their God given destiny. To the extent that they believed in themselves & God, not giving into negative thoughts, they all discovered & fulfilled their destinies"

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

Ephesians 4:22-24

(a summary of Rom chs 5-8)

"let the Spirit renew your thoughts and attitudes"

Shifting Limiting Beliefs **FEAR**

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH

CONFESSION/DECLARATION

My Father God....

I choose to believe the truth...

Shifting Limiting Beliefs FEAR

New Life CHURCH CRAWLEY

NEWLIFECRAWLEY.CHURCH